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**Moving From Breaking Point to Turning Point:
Spirit of CONTACT Luncheon Focuses on Strength and Courage in the Family**

DALLAS – CONTACT will be holding the fifteenth annual Spirit of CONTACT luncheon on Thursday, March 24 at the Hilton-Anatole, 2201 Stemmons Freeway, Dallas. This year's theme is *From Breaking Point to Turning Point: Faces of Strength and Courage in the Family*. Leigh Anne Haugh will be honored as the 2011 Spirit of CONTACT award recipient. Proceeds from the luncheon will go toward helping CONTACT enhance its current services and programs.

This annual luncheon is CONTACT's largest fundraiser of the year and will feature Laura Ling as the keynote speaker. Ling is a nationally known journalist, author and producer and has worked as a correspondent reporting on crucial issues from around the world. She recently co-authored *Somewhere Inside: One Sister's Captivity in North Korea and The Other's Fight to Bring Her Home*. The book talks about the Laura's struggle as she was held in captivity in North Korea for 140 days before being granted a special pardon and returning to the US. The Ling family's determination to save her is much like families in Dallas who turn to CONTACT daily to find the strength and courage to help their loved ones.

"The Spirit of CONTACT event is a tremendous benefit to CONTACT. It serves not only as a fundraiser, but also as a chance for us to interact with and thank the people who dedicate their time and money to helping us serve the Dallas community," said Benaye Rogers, President of CONTACT.

CONTACT averages more than 41,000 calls per year, with 1,500 of these being suicide interventions. Additionally, the agency makes more than 15,000 referrals to other DFW metroplex resources and educates more than 7,000 teens, teachers, counselors and parents about depression, suicide, bullying and dating violence

For more information about the Spirit of CONTACT please contact Maria Espinosa at 972.233.0866 or mespinosa@contactcrisisline.org

CONTACT is the only Greater Dallas crisis prevention and intervention organization that combines three empowering services - 24/7 free, confidential help lines; immediate emergency support; and unique crisis prevention outreach - to help those suffering through a crisis situation. CONTACT is one of only 10 crisis centers nationwide to provide services to the Spanish speaking community.

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